

FIGURE 12-1
Hardship Waiver Criteria
For injuries and illnesses occurring on or after August 1, 2022

Use the figure below to identify the values for first half and 30 percent of the season for the applicable sport. Then apply the values to the institution's completed schedule for the playing season that concludes with the NCAA championship¹ as follows:

1. When counting on the schedule to identify the first contest in the second half of the season, exclude the following:
 - a. Preseason exhibition contests and preseason practice scrimmages that do not count toward use of a season of competition per Bylaw 12.6.3.1.4; and
 - b. Bylaw 17 annual exemptions (e.g., alumni game, foreign team in the United States) except for the conference championship and other postseason competition which must be counted.
2. When counting the number of contests or dates of competition in which the student-athlete has participated, exclude the following:
 - a. Preseason exhibition contests and preseason practice scrimmages that do not count toward use of a season of competition per Bylaw 12.6.3.1.4; and
 - b. Bylaw 17 annual exemptions (e.g., alumni game, foreign team in the United States) except for the conference championship and other postseason competition which must be counted.
3. Please note, an individual who engages in outside competition during the second half of the playing season that concludes with the NCAA championship, including competition while not representing the institution (e.g., unattached), does not qualify for a hardship waiver per Bylaw 12.6.4.2.7.

Sport	Denominator²	30 Percent of Denominator	First Half of Playing Season
Acrobatics and Tumbling	13	4	Before the start of the 8 th date of competition
Baseball	57	18	Before the start of the 30 th contest
Basketball	No QRSMTE = 30 With QRSMTE = 32	No QRSMTE = 9 With QRSMTE = 10	No QRSMTE = Before the start of the 16 th contest With QRSMTE = Before the start of the 17 th contest
Beach Volleyball	17	6	Before the start of the 10 th date of competition
Bowling, Women's	33	10	Before the start of the 18 th date of competition
Cross Country	8	3	Before the start of the 5 th date of competition
Equestrian, Women's	16	5	Before the start of the 9 th date of competition
Fencing	12	4	Before the start of the 7 th date of competition
Field Hockey	21	7	Before the start of the 12 th contest
Football -- FBS ³	13	4	Before the start of the 8 th contest
Football -- FCS ^{3,4}	12 or 13	4	Before the start of the 7 th or 8 th contest
Golf	25	8	Before the start of the 14 th date of competition
Gymnastics	14	5	Before the start of the 8 th date of competition
Ice Hockey	35	11	Before the start of the 19 th contest
Lacrosse, Men's	18	6	Before the start of the 10 th date of competition
Lacrosse, Women's	18	6	Before the start of the 10 th contest
Rifle	14	5	Before the start of the 8 th date of competition

Rowing, Women's	21	7	Before the start of the 12 th contest
Rugby, Women's	17	6	Before the start of the 10 th contest
Skiing Alpine	33	10	Before the start of the 18 th date of competition
Nordic	33	10	Before the start of the 18 th date of competition
Soccer	21	7	Before the start of the 12 th contest
Softball	57	18	Before the start of the 30 th contest
Stunt	17	6	Before the start of the 10 th date of competition
Swimming and Diving	21	7	Before the start of the 12 th date of competition
Tennis	26	8	Before the start of the 14 th date of competition
Track and Field (Indoor/Outdoor)	Completed dates of competition ⁵	Will vary ⁵	Based on the institution's completed dates of competition. ⁵
Track and Field (Indoor Only)	19	6	Before the start of the 11 th date of competition
Track and Field (Outdoor Only)	19	6	Before the start of the 11 th date of competition
Triathlon, Women's	7	3	Before the start of the 5 th date of competition
Volleyball, Men's	29	9	Before the start of the 16 th date of competition
Volleyball, Women's	33	10	Before the start of the 18 th contest
Water Polo	22	7	Before the start of the 12 th date of competition
Wrestling, Men's	17	6	Before the start of the 10 th date of competition
Wrestling, Women's	17	6	Before the start of the 10 th date of competition

¹ Nonchampionship segment competition is not considered for purposes of hardship waiver eligibility.

² Bylaw 17 maximum for the sport plus one pursuant to Bylaw 12.6.4.2.3.

³ A Division I football student-athlete may compete in up to four contests without using a season of competition.

⁴ See Bylaw 17.12.6.1. Twelve football contests shall be permissible during those years in which there are 14 Saturdays from the first permissible playing date through the last playing date in November.

⁵ See Bylaw 12.6.4.2.3.1 for additional information regarding the first half and 30 percent of season calculations for indoor and outdoor track and field.