

Division: I

Legislative Cite: 17.1.7.1

Title: Daily and Weekly Hour Limitations -- Playing Season.

Text:

17.1.7.1 Daily and Weekly Hour Limitations -- Playing Season. A student-athlete's participation in countable athletically related activities (see Bylaw [17.02.1](#)) shall be limited to a maximum of four hours per day and 20 hours per week. *(Adopted: 1/10/91 effective 8/1/91)*

Major Infractions Cases

Reported Date	Institution
December 18, 2024	University of Kentucky
April 19, 2022	The Ohio State University
October 29, 2021	University of South Florida
September 21, 2021	Georgia Institute of Technology
April 20, 2021	University of Texas at El Paso
July 02, 2020	Texas A&M University, College Station
January 17, 2020	San Diego State University
December 20, 2019	Texas Christian University
December 18, 2019	University of Houston
September 06, 2018	San Jose State University
April 19, 2018	California State University, Sacramento
November 08, 2012	Eastern Michigan University
November 04, 2010	University of Michigan
July 14, 2010	Ball State University
October 16, 2007	Ball State University
June 29, 2006	Alcorn State University
October 21, 2005	University of Memphis
March 10, 2005	Texas State University
March 04, 2004	Gardner-Webb University
December 18, 2003	Chicago State University
October 24, 2003	Tennessee State University
July 30, 2003	University of Utah

Reported Date	Institution
February 27, 2003	University of Miami (Florida)
July 02, 2002	University of Minnesota, Twin Cities

Proposals

Proposal Number	Title
ER-2020-9	PLAYING AND PRACTICE SEASONS -- COUNTABLE ATHLETICALLY RELATED ACTIVITIES -- EXCEPTION -- INDIVIDUAL WORKOUTS -- ELITE ATHLETE TRAINING
2019-121	PLAYING AND PRACTICE SEASONS -- TIME LIMITS FOR ATHLETICALLY RELATED ACTIVITIES -- EXCEPTION -- INDIVIDUAL WORKOUTS -- ELITE ATHLETE TRAINING
2018-77	PLAYING AND PRACTICE SEASONS -- DAILY AND WEEKLY HOUR LIMITATIONS -- PLAYING SEASON -- EXCEPTION -- GOLF PRACTICE ROUND -- FIVE HOURS OF COUNTABLE ATHLETICALLY RELATED ACTIVITY
2003-16	PLAYING AND PRACTICE SEASONS -- TIME LIMITS FOR ATHLETICALLY RELATED ACTIVITIES -- MULTISPORT PARTICIPANT
