

LEGISLATION

2019 NCAA CONVENTION

DIVISION III INITIAL PUBLICATION OF PROPOSED LEGISLATION

113th Annual Convention

January 23-26, 2019

Orlando, Florida



THE NATIONAL COLLEGIATE ATHLETIC ASSOCIATION

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**Initial Publication of Proposed Legislation Submitted by the
NCAA Division III Membership
113th Annual Convention**

This publication presents the proposed amendment to NCAA legislation that was properly submitted by the NCAA Division III membership in accordance with the July 15 deadline in the NCAA legislative calendar.

The proposal is accompanied not only by a statement of intent and proposed effective date, but also by a statement of rationale and a listing of the primary contact person designated by the sponsors of the amendment.

This publication is produced directly from the Legislative Services Database for the Internet each time it is downloaded. Therefore, the content of the publication may change each time it is accessed from the NCAA webpage. As modifications or corrections are made to this proposal during the sponsor-modification period, updates will be made to LSDBi and those changes will be reflected in this document.

Between the date this publication is posted (not later than August 15) and September 15, sponsors of this proposal are permitted to refine and change the amendment in any manner that is germane to the proposal as printed in this publication. Such changes may either increase or decrease the modification set forth in the original proposal - i.e., the sponsors may alter the proposal to make greater or lesser changes in the current legislation than they originally submitted. A sponsor-modification memorandum will be distributed to designated primary contact persons in mid-August. Sponsors may use the LSDBi "Sponsor-Modification Submission" section to modify the legislative proposal they have submitted. All such modifications must be received in the NCAA national office not later than 5 p.m. Eastern time, September 15. In addition, sponsors who wish to withdraw a proposal should contact Jeff Myers (jmyers@ncaa.org); however, please note that if withdrawn after September 15 the proposal will still appear in the Second Publication of Proposed Legislation.

No new proposals may be submitted by the Division III membership for the Convention after the July 15 deadline has passed; however, proposals are available for co-sponsorship until September 1. Member institutions and conferences that wish to offer suggested revisions to an amendment are encouraged to contact the designated primary contact person, as listed with each proposal. Such contacts should be made as early as possible in the period of time between the date this publication is posted and September 15, to assure time for appropriate consideration by the sponsors.

This represents the first in a series of three publications addressing Convention legislation, as dictated by the provisions of NCAA Constitution 5. The other publications will be as follows:

Second Publication of Proposed Legislation. Issued not later than September 23 and includes the proposal properly sponsored by the Division III membership as modified on or prior to September 15, as well as all legislation submitted by the NCAA Division III Presidents Council and the NCAA Division III Management Council in accordance with the September 1 deadline. Amendment-to-amendment forms will also be available at this time.

Official Notice of the 2019 Convention. Issued on November 15; and contains all Division III legislation for the Convention, including all amendments-to-amendments and resolutions submitted by the November 1 deadline.

2018-19 Legislative Calendar

The legislative calendar, as set forth in Constitution 5, is summarized here for convenience of reference.

July 15: Deadline for submission of amendments by the Division III membership. Each amendment must include a statement of intent and a separate statement of rationale (200 words or less), as well as identification of the designated primary contact person, and must be sponsored by at least one conference or at least 10 of the 20 individual institution sponsors.

July 16-17: Management Council consideration. The Management Council considers legislative proposals that it may wish to sponsor. It also reviews proposals submitted by the membership in accordance with the July 15 deadline.

August 8: Presidents Council consideration. The Presidents Council considers legislative proposals that it may wish to sponsor. It also reviews the proposals submitted by the membership in accordance with the July 15 deadline.

Not Later Than August 15: Posting of Initial Publication of Proposed Legislation.

Date IPOPL is Posted through September 15: Sponsor-modification period. Sponsors are permitted to refine and change their proposals in any manner germane to the original proposal. Member institutions and conferences are invited to offer any suggested revisions of a proposal to the primary contact person listed with the proposal. Also, members that believe an amendment should not be modified should so inform the primary contact person.

September 1: Deadline for submission of amendments sponsored by the Presidents Council or Management Council.

September 1: Deadline for proper co-sponsorship of membership proposals. The proposals must receive proper co-sponsorship from one additional conference (if originally sponsored by one conference) or 10 additional institutions (if originally sponsored by 10 institutions) or it will be withdrawn.

September 15: Deadline for submission by all sponsors (with submission by the primary contact person) of any modification to their original amendments. These modifications may represent either greater or lesser changes; they need only be germane to the original amendment.

Not Later Than September 23: Posting of Second Publication of Proposed Legislation. This publication includes all membership-sponsored proposals as modified and includes all proposals sponsored by the Presidents Council or Management Council.

Date SPOPL is Posted through November 1: Amendment-to-amendment period. The Presidents Council and Management Council as well as the membership (see Constitution 5.3.5.3) may submit amendments to the proposals in the Second Publication of Proposed Legislation. These amendments-to-amendments may not increase the modification of the provisions to be amended; they must fall between the provisions of the original proposed amendment and the current provisions.

November 1: Deadline for all amendments-to-amendments to be received in the national office. No amendments-to-amendments sponsored by the membership may be submitted after this date. The Presidents Council and Management Council are authorized to submit further amendments-to-amendments at the Convention if they deem such action necessary.

November 15: Mailing of the Official Notice of the Convention. This publication includes all Division III proposed legislation and the properly submitted amendments-to-amendments and resolutions.

January 23-26, 2019: NCAA Convention. Voting on proposals will occur at the business session.

NCAA Division III Interpretations and Legislation Committee

Amy J. Backus, Case Western Reserve University
Chuck Brown, Pennsylvania State Erie, The Behrend College (chair)
Jim Cranmer, St. Mary's College of Maryland
Jason Fein, Bates College
Alexandra Fox, Mills College
Gregg Kaye, Commonwealth Coast Conference
Angie Morenz, St. Louis Intercollegiate Athletic Conference
Parker Hammel, Wartburg College (student-athlete)

113th Annual Convention

LEGISLATIVE PROPOSALS SUBMITTED BY THE MEMBERSHIP

[Note: Pursuant to Constitution 5.3.12, all amendments shall become effective not earlier than the first day of August following adoption by the Convention; however, if a voting delegate wishes to propose an immediate effective date, or an effective date other than the first day of August following the Convention, the rationale statement shall contain reasons why the amendment has an alternative effective date. Those proposals that are given an immediate effective date and that are adopted, become effective on adjournment of the Convention.]

Note: In the following proposals:

- Those letters and words that appear in *italics* and ~~strikethrough~~ are to be deleted;
- Those letters and words that appear in **boldface and are underlined** are to be added; and
- Those letters and words that appear in normal text are unchanged from the current Division III legislation.

Presidents Council Grouping

No. 1-1 PLAYING AND PRACTICE SEASONS – FIELD HOCKEY AND SOCCER PRESEASON – ESTABLISHING A THREE-DAY ACCLIMATIZATION PERIOD

Intent: To amend preseason practice in the sports of field hockey and soccer as follows: (1) to add three additional days to the preseason practice period; (2) to require an acclimatization period during the first three days of the preseason practice period, during which a team would be limited to one single practice session no longer than three hours in duration, followed by a one-hour walk through, with a minimum of three hours of rest required in between the two activities; and (3) to mandate that on every preseason practice day following the three-day acclimatization period, a team would be limited to conducting no more than two on-field practices per day and a maximum of six hours of athletically related activity total during the two practices combined, with a minimum of three hours of rest required in between practice sessions.

A. Bylaws: Amend 17.02.12, as follows:

[Roll Call]

17.02.12 Fall Preseason Practice Formula – Sports Other Than Football., **Field Hockey, Soccer and Water Polo.** In cross country, ~~field hockey~~, golf, rowing, rugby, ~~soccer~~, tennis and women's volleyball, the first permissible date for preseason practice shall be determined by the application of 16 units in the preseason practice formula, as specified in this section.

17.02.12.1 Unit -- Defined. A "unit" is a numerical value assigned to a particular calendar day within the application of the preseason practice formula that is used to determine the first permissible practice date for fall sports other than football. The number of units assigned to a particular day does not determine or limit the number of practices that may be conducted on that day.

17.02.12.2 ~~Determining the First Permissible Practice Date for Fall Sports Other Than Football~~ – Application of the 16 Units. To determine the first permissible practice date, an institution shall count back a total of 16 units on a calendar starting with the day before the first scheduled intercollegiate competition (see Bylaw 17.02.12.2.1), as follows:

- (a) Never assign any units to Sundays on the calendar; it is permissible to practice on Sundays;
- (b) Never assign any units to calendar days during the preseason when all institutional dormitories are closed, the institution's team must leave campus, and practice is not conducted;
- (c) The first six units: assign one unit to each of the six calendar days (not including Sunday) before the first scheduled intercollegiate competition (see Bylaw 17.02.12.2.1);
- (d) The remaining 10 units:
 - (1) Assign one unit to each calendar day (not including Sundays) that occurs on or after the opening day of classes for the fall term (see Bylaw 17.02.12.2.2), and
 - (2) Assign two units to each calendar day before the opening day of classes for the fall term (not including Sundays) until the sum of units on the calendar reaches 16;
- (e) The date on which the total count of units on the calendar reaches 16 is the first permissible date for preseason practice (see Bylaw 17.02.12.2.3).

[17.02.12.2.1 through 17.02.12.2.5 unchanged.]

17.02.12.2.6 Field Hockey and Soccer. In the sports of field hockey and soccer, the first permissible date for preseason practice shall be determined by the application of 19 units in the preseason practice formula as follows:

- (a) The first 16 units shall be applied in the same manner as set forth in Bylaw 17.02.12.2 (a)-(e); and**
- (b) The remaining three units shall be applied one unit per day for three days.**

B. Bylaws: Amend 17.1.1.3, as follows:

[Roll Call]

17.1.1.3 Length of Playing Season.

17.1.1.3.1 Sports with a Fall NCAA Championship. The length of an institution's playing season shall be limited to a maximum of 18 weeks.

17.1.1.3.1.1 Segment Limitations. Except for the sport of football (see Bylaw 17.10) and unless otherwise noted in the applicable sport section, the playing season shall be conducted according to the following:

(a) Traditional Segment.

(1) First Permissible Practice. A member institution shall not commence practice before the date that permits a maximum of 16 units in the preseason practice formula (see Bylaw 17.02.12) before the first scheduled intercollegiate competition. This provision is not applicable to men's water polo [see Bylaw 17.26.2-(a)], **field hockey [see Bylaw 17.9.2] and soccer [see Bylaw 17.19.2].**

[17.1.1.3.1.1-(a)-(2) through 17.1.1.3.1.1-(a)-(3) unchanged.]

[17.1.1.3.1.1-(b) unchanged.]

[17.1.1.3.2 through 17.1.1.3.4 unchanged.]

C. Bylaws: Amend 17.9, as follows:

[Roll Call]

17.9 Field Hockey. Regulations for computing the field hockey playing season are set forth in Bylaw 17.1, General Playing-Season Regulations. (See Figure 17-1)

17.9.1 Length of Playing Season. (See Bylaw 17.1.1.3.1 for fall NCAA championship sports.)

17.9.2 Preseason Practice. *(See Bylaw 17.1.1.3.1.1)* **A member institution shall not commence practice sessions in field hockey before the date that permits a maximum of 19 permissible units in the preseason practice formula (see Bylaw 17.02.12.2.6) before the first scheduled intercollegiate competition.**

17.9.2.1 Three-Day Acclimatization Period. Preseason practice shall begin with a three-day acclimatization period for both first-time participants (e.g., freshmen and transfers) and continuing student-athletes. All student-athletes, including those who arrive to preseason practice after the first day of practice, are required to undergo a three-day acclimatization period. The three-day acclimatization period shall be conducted as follows:

17.9.2.1.1 Institutions may not conduct conditioning, speed, strength or agility tests before the start of the three-day acclimatization period.

17.9.2.1.2 During the three-day acclimatization period, an institution may only conduct one on-field practice session per day not to exceed three hours followed by a one-hour walk-through session. Student-athletes must be provided with at least three hours of continuous recovery time between the sessions. During the recovery time, student-athletes may not attend any meetings or engage in other athletically related activities (e.g., weight lifting); however, time spent receiving medical treatment and eating meals may be included as part of the recovery time.

17.9.2.1.3 Institutions are permitted to conduct weight training activities during the three-day acclimatization period without counting those activities toward the maximum hour limitations for on-field practices; however, weight training activities may not be conducted during the required three hours of continuous recovery time between sessions.

17.9.2.2 Preseason Activities After the Three-Day Acclimatization Period. For each preseason practice day following the three-day acclimatization period, an institution may only conduct two on-field practices not to exceed six hours total combined. Student-athletes must be provided with at least three hours of continuous recovery time between the sessions. During the recovery time, student-athletes may not attend any meetings or engage in other athletically related activities (e.g., weight lifting); however, time spent receiving medical treatment and eating meals may be included as part of the recovery time.

[17.9.3 through 17.9.6 unchanged.]

D. Bylaws: Amend 17.19, as follows:

[Roll Call]

17.19 Soccer. Regulations for computing the soccer playing season are set forth in Bylaw 17.1, General Playing-Season Regulations. (See Figure 17-1)

17.19.1 Length of Playing Season. (See Bylaw 17.1.1.3.1 for fall NCAA championship sports.)

17.19.2 Preseason Practice. (~~See Bylaw 17.1.1.3.1.1~~) **A member institution shall not commence practice sessions in soccer before the date that permits a maximum of 19 permissible units in the preseason practice formula (see Bylaw 17.02.12.2.6) before the first scheduled intercollegiate competition.**

17.19.2.1 Three-Day Acclimatization Period. Preseason practice shall begin with a three-day acclimatization period for both first-time participants (e.g., freshmen and transfers) and continuing student-athletes. All student-athletes, including those who arrive to preseason practice after the first day of practice, are required to undergo a three-day acclimatization period. The three-day acclimatization period shall be conducted as follows:

17.19.2.1.1 Institutions may not conduct conditioning, speed, strength or agility tests before the start of the three-day acclimatization period.

17.19.2.1.2 During the three-day acclimatization period, an institution may only conduct one on-field practice session per day not to exceed three hours followed by a one-hour walk-through session. Student-athletes must be provided with at least three hours of continuous recovery time between the sessions. During the recovery time, student-athletes may not attend any meetings or engage in other athletically related activities (e.g., weight lifting); however, time spent receiving medical treatment and eating meals may be included as part of the recovery time.

17.19.2.1.3 Institutions are permitted to conduct weight training activities during the three-day acclimatization period without counting those activities toward the maximum hour limitations for on-field practices; however, weight training activities may not be conducted during the required three hours of continuous recovery time between sessions.

17.19.2.2 Preseason Activities After the Three-Day Acclimatization Period. For each preseason practice day following the three-day acclimatization period, an institution may only conduct two on-field practices not to exceed six hours total combined. Student-athletes must be provided with at least three hours of continuous recovery time between the sessions. During the recovery time, student-athletes may not attend any meetings or engage in other athletically related activities (e.g., weight lifting); however, time spent receiving medical treatment and eating meals may be included as part of the recovery time.

[17.19.3 through 17.19.6 unchanged.]

Source: City University of New York Athletic Conference and New Jersey Athletic Conference

Effective Date: August 1, 2019

Rationale: Under current NCAA legislation, the preseason practice time that is allotted in the sports of field hockey and soccer is insufficient in regard to the time needed to properly prepare student-athletes for intercollegiate competition. Due to the time constraints that coaches are faced with in the preseason practice period, programs are forced to engage in strenuous practice activities, including multiple training sessions often in extreme conditions. The additional three practice opportunities will provide programs extra time to prepare for competition, resulting in a reduced workload during each practice day in the preseason. In addition, the implementation of an acclimatization period for health and safety reasons will allow student-athletes who are returning from summer break to adjust to a return to strenuous play in potentially extreme temperatures.

Budget Impact: Would vary based on costs that institutions would need to incur for preseason housing and meals.

Primary Contact Person:

Terence Small, Commissioner
New Jersey Athletic Conference
Email: tsmall@njacsports.com

Request for Interpretation

Member institutions and conferences are encouraged to contact primary contact persons, and if necessary, to request interpretations of the proposed legislation in this Initial Publication of Proposed Legislation. Interpretations related to the proposed legislation in this Initial Publication of Proposed Legislation may be requested via electronic mail to bfregan@ncaa.org or jmyers@ncaa.org. When submitting such a request please include the proposal number in question, your institution's name and your title.