Playing and Practice Seasons

No. 2026-57 PLAYING AND PRACTICE SEASONS -- BOWL SUBDIVISION FOOTBALL -- OUT-OF-SEASON ACTIVITIES AND PRESEASON PRACTICE PERIOD

Intent: In bowl subdivision football, to modify the out-of-season activities and preseason practice period legislation, as specified.

A. Bylaws: Amend 17.1, as follows:

[Federated provision, FBS only]

17.1 General Playing-Season Regulations.

[17.1.1 through 17.1.6 unchanged.]

17.1.7 Time Limits for Athletically Related Activities. In all sports, the following time limitations shall apply:

[17.1.7.1 unchanged.]

17.1.7.2 Weekly Hour Limitations -- Outside of the Playing Season.

[17.1.7.2-(a) through 17.1.7.2-(c) unchanged.]

17.1.7.2.1 Institutional Vacation Period and Summer. A student-athlete may not participate in any countable athletically related activities outside the playing season during any institutional vacation period and/or summer. Strength and conditioning coaches who are not countable coaches in the student-athlete's sport may design and conduct specific workout programs for a student-athlete, provided such workouts are voluntary and conducted at the request of the student-athlete.

[17.1.7.2.1.1 through 17.1.7.2.1.5 unchanged.]

17.1.7.2.1.6 Summer Athletic Activities **and Bowl Subdivision Football Athletic Activities After the Spring Term**.

[17.1.7.2.1.6.1 unchanged.]

17.1.7.2.1.6.2 **Championship Subdivision** Football. In **championship subdivision** football, a student-athlete who is enrolled in summer school may engage in required weight-training, conditioning, review of practice and game film and noncontact skill-related instruction for up to eight weeks (not required to be consecutive weeks). A student-athlete who is enrolled in at least three degree-applicable (pursuant to Bylaw 14.4.3.1.7) credit hours in one summer term that is fewer than eight weeks in duration may engage in required weight-training, conditioning, review of practice and game film and noncontact skill-related instruction for up to eight weeks (not required to be consecutive weeks). Participation in such activities shall be limited to a maximum of eight hours per week with not more than two hours per week spent on film review and not more than two hours per week spent on noncontact skill-related instruction. During noncontact skill-related instruction, it is not permissible for student-athletes to wear any protective equipment (e.g., helmet, shoulder pads) or use any equipment related to the sport other than footballs.

17.1.7.2.1.6.2.1 Exception to Summer School Enrollment -- Academic Requirements for Student-Athletes Who Receive Athletically Related Financial Aid -- **Championship Subdivision** Football. In **championship subdivision** football, a student-athlete who received athletically related financial aid during the previous academic year may participate in required summer athletic activities for up to eight weeks (pursuant to Bylaw 17.1.7.2.1.6.2) without being enrolled in summer school, provided the student-athlete has achieved a cumulative minimum grade-point average of 2.200 (based on a maximum 4.000 and as computed pursuant to institutional policies applicable to all students) and has successfully completed the following academic requirements based on the applicable number of full-time terms of enrollment:

[17.1.7.2.1.6.2.1-(a) through 17.1.7.2.1.6.2.1-(l) unchanged.]

17.1.7.2.1.6.2.1.1 Application to Transfer Student-Athletes. The exception to summer school enrollment does not apply to a transfer student-athlete until the student-athlete has completed one academic year (two semesters or three quarters) of full-time enrollment at the certifying institution.

17.1.7.2.1.6.2.2 Academic Requirements for Student-Athletes Who Did Not Receive Athletically Related Financial Aid -- **Championship Subdivision** Football. In **championship subdivision** football, a student-athlete who did not receive athletically related financial aid during the previous academic year may participate in required summer athletic activities for up to eight weeks (pursuant to Bylaw 17.1.7.2.1.6.2) without being enrolled in summer school, provided the student-athlete meets all progress-toward-degree requirements to be eligible for competition in the ensuing fall term by the conclusion of the preceding spring term.

17.1.7.2.1.6.2.3 Institutions That Do Not Offer Summer School Courses -- Championship Subdivision Football. In championship subdivision football, an institution that does not offer summer school courses may designate eight weeks of the summer in which a student-athlete may participate in required summer athletic activities (pursuant to Bylaw 17.1.7.2.1.6.2), provided the student-athlete has satisfied progress-toward-degree requirements to be eligible for competition in the ensuing fall term by the conclusion of the preceding spring term.

17.1.7.2.1.6.3 Bowl Subdivision Football In bowl subdivision football, a student-athlete who is enrolled in summer school may engage in athletic activities after the conclusion of the spring term for the duration of the student-athlete's summer school courses. A student-athlete who is enrolled in at least three degree-applicable (pursuant to Bylaw 14.4.3.1.7) credit hours in one summer term may engage in athletic activities occurring after the spring term, including after the summer course (or courses) has ended.

17.1.7.2.1.6.3.1 Exception to Enrollment After the Spring Term -- Academic Requirements for Student-Athletes Who Receive Athletically Related Financial Aid -- Bowl Subdivision Football. In bowl subdivision football, a student-athlete who received athletically related financial aid during the previous academic year may participate in athletic activities after the conclusion of the spring term, (pursuant to Bylaw 17.1.7.2.1.6.3) without being enrolled in summer school, provided the student-athlete has achieved a cumulative minimum grade-point average of 2.200 (based on a maximum 4.000 and as computed pursuant to institutional policies applicable to all students) and has successfully completed the following academic requirements based on the applicable number of full-time terms of enrollment:

(a) After two semesters or three quarters: 30 semester hours or 45 quarter hours;

(b) After four quarters: 60 quarter hours;

(c) After three semesters or five quarters: 45 semester hours or 75 quarter hours;

(d) After four semesters or six quarters: 50 percent of the course requirements in the student-athlete's specific degree program;

(e) After seven quarters: 58.33 percent of the course requirements in the student-athlete's specific degree program;

(f) After five semesters: 62.5 percent of the course requirements in the student-athlete's specific degree program;

(g) After eight quarters: 66.67 percent of the course requirements in the student-athlete's specific degree program;

(h) After six semesters or nine quarters: 75 percent of the course requirements in the student-athlete's specific degree program;

(i) After 10 quarters: 83.33 percent of the course requirements in the student-athlete's specific degree program;

(j) After seven semesters: 87.5 percent of the course requirements in the student-athlete's specific degree program;

(k) After 11 quarters: 91.67 percent of the course requirements in the student-athlete's specific degree program; or

(l) After eight semesters or 12 quarters: completion of the student-athlete's specific baccalaureate degree requirements (no minimum grade-point average required) or the institution certifies that the student-athlete is or will be enrolled in all remaining degree-applicable credit hours in the ensuing regular academic year.

17.1.7.2.1.6.3.1.1 Application to Transfer Student-Athletes. The exception to enrollment for participation in athletic activities after the spring term does not apply to a transfer student-athlete until the student-athlete has completed one academic year (two semesters or three quarters) of full-time enrollment at the certifying institution.

17.1.7.2.1.6.3.2 Academic Requirements for Student-Athletes Who Did Not Receive Athletically Related Financial Aid -- Bowl Subdivision Football In bowl subdivision football, a student-athlete who did not receive athletically related financial aid during the previous academic year may participate in athletic activities after the spring term without being enrolled (pursuant to Bylaw 17.1.7.2.1.6.3), provided the student-athlete meets all progress-toward-degree requirements to be eligible for competition in the ensuing fall term by the conclusion of the preceding spring term.

[17.1.7.2.2 through 17.1.7.2.4 unchanged.]

[17.1.7.3 through 17.1.7.13 unchanged.]

[17.1.8 through 17.1.9 unchanged.]

B. Bylaws: Amend 17.13, as follows:

[Federated provision, FBS only]

17.13 Football. Regulations for computing the football playing season are set forth in Bylaw 17.1. (See Figure 17-1 and Figure 17-2.)

[17.13.1 through 17.13.2 unchanged.]

17.13.3 Practice.

17.13.3.1 First Practice Date -- Bowl Subdivision. In bowl subdivision football, an institution shall not commence official preseason football practice sessions, for the varsity, junior varsity or freshman team, before 27 days before its first scheduled intercollegiate game. Before its first scheduled intercollegiate game, an institution may not engage in more than 21 on-field practices.

17.13.3.1.1 Exception. An institution that has prohibitions against athletics activities during a specific day of the week due to religious reasons, may start official preseason football practice sessions one day earlier than the date determined pursuant to Bylaw 17.13.3.1.

17.13.3.~~1~~**2** First Practice Date **-- Championship Subdivision**. **In championship subdivision football, an** ~~An~~ institution shall not commence official preseason football practice sessions, for the varsity, junior varsity or freshman team, before 31 days before its first scheduled intercollegiate game. Before its first scheduled intercollegiate game, an institution may not engage in more than 25 on-field practices.

[17.13.3.1.1 renumbered as 17.13.3.2.1, unchanged.]

[17.13.3.2 through 17.13.3.4 renumbered as 17.13.3.3 through 17.13.3.5, unchanged.]

17.13.3.6 Preseason Activities After Acclimatization Period -- Bowl Subdivision. In bowl subdivision football, the remaining 15 on-field preseason practice sessions after the acclimatization period shall be conducted as follows:

(a) General.

(1) Multiple on-field practice sessions shall not be conducted on the same day;

(2) Student-athletes shall not engage in more than three hours of on-field practice activities per day;

(3) A walk-through is not considered an on-field activity; however, if a walk-through is conducted on a day in which no other on-field activities occur, the walk-through must be included in the limit of 21 on-field practices in the preseason practice period; and

(4) Student-athletes must be provided with at least three continuous hours of recovery time between an on-field practice session and a walk-through. During this time, student-athletes may not engage in physical athletically related activities (e.g., weight lifting). Time spent in team meetings, film review, receiving medical treatment and eating meals may be included as part of the recovery time.

(b) Protective Equipment Restrictions.

(1) Up to seven on-field practice sessions may be conducted in full pads;

(2) During at least four on-field practice sessions, protective equipment is restricted to not more than helmets and spider pads;

(3) During the remaining on-field practice sessions, protective equipment is restricted to not more than helmets, spider pads and/or shoulder pads; and

(4) On-field practice sessions may be conducted in less protective equipment than the maximum restrictions noted above.

(c) Contact Restrictions.

(1) Full contact (tackling to the ground) is only permitted during an on-field practice session in full pads;

(2) An institution shall not conduct more than two consecutive days of full contact (tackling to the ground) practices. A full contact practice during the acclimatization period counts toward this limit;

(3) An institution shall not conduct more than a total of 75 minutes of full contact (tackling to the ground) within any one on-field practice session other than during the two permissible scrimmages; and

(4) An institution shall not conduct more than two scrimmages during the preseason practice period. A scrimmage is a practice devoted primarily (greater than 50 percent of practice time) to 11-on-11, full contact (tackling to the ground) activities. A scrimmage counts as one of the seven permissible practices in full pads and may include more than 75 minutes of full contact (tackling to the ground).

17.13.3.~~5~~**7** Preseason Activities After Acclimatization Period **-- Championship Subdivision. In championship subdivision football, the** ~~*The*~~ remaining 19 on-field preseason practice sessions after the acclimatization period shall be conducted as follows:

[17.13.3.5-(a) renumbered as 17.13.3.7-(a) unchanged.]

[17.13.3.5-(a)-(1) through 17.13.3.5-(a)-(2) renumbered as 17.13.3.7-(a)-(1) through 17.13.3.7-(a)-(2) unchanged.]

(3) A walk-through is not considered an on-field activity; however, if a walk-through is conducted on a day in which no other on-field activities occur, the walk-through must be included in the limit of 25 on-field practices in the preseason practice period. ~~*In championship subdivision football, on*~~ **On**-field walk-throughs shall not exceed a total of two hours per day; and

[17.13.3.5-(a)-(4) renumbered as 17.13.3.7-(a)-(4) unchanged.]

[17.13.3.5-(b) through 17.13.3.5-(c) renumbered as 17.13.3.7-(b) through 17.13.3.7-(c) unchanged.]

[17.13.4 through 17.13.9 unchanged.]

C. Bylaws: Amend 17.13, as follows:

[Federated provision, FBS only]

17.13 Football. Regulations for computing the football playing season are set forth in Bylaw 17.1. (See Figure 17-1 and Figure 17-2.)

[17.13.1 through 17.13.6 unchanged.]

17.13.7 January 1 Until the Start of Preseason Practice -- Bowl Subdivision. In bowl subdivision football, between January 1 and the institution's preseason practice period, student-athletes shall not engage in athletically related activities outside the playing season, except as set forth in this bylaw (See Bylaw 17.1.7.2).

17.13.7.1 Discretionary Weeks. An institution shall designate nine weeks as student-athlete discretionary time (see Bylaw 17.02.17). One discretionary week must occur between the end of the spring term or quarter and the start of the preseason practice period. The designated nine weeks (each week must be seven consecutive calendar days designated as Monday through Sunday) must be placed on file in writing in the department of athletics prior to January 1. An institution is permitted to designate institutional vacation periods (e.g., holiday break, spring break, summer vacation period) as student-athlete discretionary time.

17.13.7.2 Practice Periods. A maximum of 21 practice sessions [including intrasquad scrimmages and the spring game permitted in Bylaw 17.13.6.2-(a)] are permissible beginning February 1. An institution is not

required to count as one of its 21 designated days any day during which countable athletically related activities are limited solely to required conditioning activities, review of game film and/or walk-throughs (see Bylaw 17.02.22). For a student-athlete to participate in a practice session after the conclusion of the institution's spring term, the student-athlete must satisfy the requirements of Bylaw 17.1.7.2.1.6.3. Practice sessions must meet the following conditions:

(a) The practice periods shall be divided into two periods of not more than five consecutive weeks for each period, and not more than seven weeks total in duration between the two periods.

(b) A minimum of one week of student-athlete discretionary time must occur between the last on-field practice (contact and noncontact) and the start of the preseason practice period.

(c) A practice session held during a vacation day may not be of longer duration than those normally held when academic classes are in session.

(d) A maximum of 12 contact practices may occur, and contact shall not occur prior to the third practice session, in each practice period. Contact practice sessions may not occur in July.

(e) During noncontact practice sessions, protective equipment is restricted to helmets and spider pads.

(f) Of the 12 permissible contact sessions, eight sessions may involve tackling, and not more than three of the eight tackling sessions may be devoted primarily (greater than 50 percent of practice time) to 11-on-11 scrimmages.

(g) An institution shall not conduct full contact (tackling to the ground) practices on consecutive calendar days.

(h) An institution shall not conduct more than a total of 75 minutes of full contact (tackling to the ground) within any one on-field practice session other than the three tackling sessions devoted primarily to 11-on-11 scrimmages.

(i) Tackling shall be prohibited in four of the 12 contact sessions. An institution has the discretion to determine the practice activities (other than tackling) that may occur during the four contact nontackling sessions as well as the protective equipment to be worn.

(j) If an institution conducts a "spring game" per Bylaw 17.13.6.2-(a), the game shall be counted as one of the three sessions that may be devoted primarily to 11-on-11 scrimmages.

(k) The amount of time that a student-athlete may be involved in countable athletically related activities shall be limited to a maximum of four hours per day and 20 hours per week.

17.13.7.3 Out-of-Season Activities. Conditioning, weight-training activities, review of game film and walk-throughs (see Bylaw 17.02.22) are permissible from January 1 until the start of the preseason practice. Noncontact skill instruction is permissible beginning February 1 through the start of preseason practice. All out-of-season activities must be conducted outside the nine weeks designated as student-athlete discretionary time and designated practice periods. A student-athlete's participation in such activities is limited to a maximum of eight hours per week. For a student-athlete to participate in a practice session after the conclusion of the institution's spring term, the student-athlete must satisfy the requirements of Bylaw 17.1.7.2.1.6.3

17.13.7.4 Strength and Conditioning Coach First Aid/CPR Certification and Authority of Sports Medicine Staff. A strength and conditioning coach who conducts voluntary weight training or conditioning activities is required to maintain certification in first aid and cardiopulmonary resuscitation. In addition, a member of the institution's sports medicine staff (e.g., athletic trainer, physician) must be present during all voluntary conditioning activities (running, not lifting) conducted by the institution's strength coach. The sports medicine staff member must be empowered to have the unchallengeable authority to cancel or modify the workout for health and safety reasons, as the staff member deems appropriate.

17.13.7.5 Postseason Practice Session. An institution may conduct one postseason practice session before the end of the institution’s academic year for the purpose of conducting a professional tryout or workout activity, subject to the following conditions:

(a) A student-athlete may not miss class to participate;

(b) The session shall be conducted on the institution’s campus or in facilities regularly used by the institution for practice or competition;

(c) The session shall not involve contact and student-athletes shall not wear protective equipment (e.g. helmet, shoulder pads, spider pads, padded undergarments); and

(d) The amount of time that a student-athlete is involved in such countable athletically related activities shall be limited to a maximum of four hours.

17.13.~~7~~**8** Out-of-Season Athletically Related Activities **-- Championship Subdivision**. **In championship subdivision football, s**~~S~~tudent-athletes and members of the coaching staff shall not engage in countable athletically related activities outside the playing season, except as set forth in this bylaw (see Bylaw 17.1.7.2):

~~*17.13.7.1 Conditioning Activities -- Bowl Subdivision. In bowl subdivision football, student-athletes may participate in conditioning activities pursuant to Bylaw 17.1.7.2 as follows:*~~

~~*17.13.7.1.1 January 1 Until the Start of Preseason Practice. In bowl subdivision football, between January 1 and the institution's reporting date for preseason practice, an institution shall conduct its out-of-season conditioning period as follows:*~~

~~*(a) An institution shall designate eight weeks as student-athlete discretionary time (see Bylaw 17.02.17). The designated eight weeks (each week must be seven consecutive calendar days) must be placed on file in writing in the department of athletics prior to January 1. An institution is permitted to designate institutional vacation periods (e.g., holiday break, spring break) as student-athlete discretionary time.*~~

~~*(b) Required conditioning, weight-training activities, review of game film and walk-throughs (see Bylaw 17.02.22) shall remain permissible during the academic year outside the eight weeks designated as student-athlete discretionary time. A student-athlete's participation in such activities shall be limited to a maximum of eight hours per week, of which not more than two hours per week may be spent on the viewing of game film and participating in walk-throughs.*~~

~~*(c) Spring football practice per Bylaw 17.13.7.5 shall remain permissible outside the eight weeks.*~~

~~*(d) An institution shall designate nine consecutive weeks between the conclusion of the academic year and its reporting date for preseason practice as its summer conditioning period. During this nine-week period, institutions shall designate one week as student-athlete discretionary time (in addition to the eight weeks already designated).*~~

~~*(e) During the remaining eight weeks of the summer conditioning period, student-athletes may be involved in voluntary weight training and conditioning activities pursuant to Bylaw 17.1.7.2.1 and prospective student-athletes may be involved in voluntary weight training and conditioning activities pursuant to Bylaw 13.11.3.8. Such activities are limited to eight hours per week. In addition, student-athletes may participate in required summer athletic activities pursuant to Bylaw 17.1.7.2.1.6.2.*~~

~~*(f) All remaining days between the conclusion of the academic year and the institution's reporting date for preseason practice that are not part of the institution's designated summer conditioning period and not already designated as student-athlete discretionary time shall be considered student-athlete discretionary time.*~~

~~*17.13.7.1.1.1 National Service Academies. National service academies shall be subject to the restrictions governing conditioning activities in Bylaw 17.13.7.1.1, except that they shall be able to designate nine weeks of student-athlete discretionary time between January 1 and the start of the preseason practice period.*~~

[17.13.7.2 through 17.13.7.6 renumbered as 17.13.8.1 through 17.13.8.5, unchanged.]

[17.13.8 through 17.13.9 renumbered as 17.13.9 through 17.13.10, unchanged.]

Source: NCAA Division I Football Bowl Subdivision Oversight Committee

Effective Date: January 1, 2027

Category: Amendment

Topical Area: Playing and Practice Seasons

Rationale: This proposal provides institutions discretion to plan activities that align with specific institutional practices and philosophies. A reduction in the duration and number of practices during the preseason practice period is necessary due to the additional on-field practice opportunities provided during February 1 until the start of the preseason period. The preseason practice period provisions allow opportunities for adequate on-field preparation for the upcoming football season while maintaining the current framework for required days off and the seven-day acclimatization period.

Division I Commitment addressed by proposal: The Commitment to Student-Athlete Well-Being.

Is the proposal consequential or nationally significant?: Yes. The bowl subdivision football playing and practice season is nationally significant.

Is the proposal enforceable and how do the merits outweigh monitoring burdens?: Yes. This proposal does not increase the existing monitoring burden.

How does the proposal support student-athlete success/well-being?: This proposal provides institutions with discretion to plan out-of-season activities according to the needs of its student-athletes and promotes student-athlete health, safety and well-being by reducing the duration and number of on-field practices during the preseason period.

Estimated Budget Impact: Increases in the on-field practice time and the opportunity to conduct out-of-season practices during the summer may result in additional costs based on institutional decision-making. The reduction in duration and number of on-field practices during the preseason period may reduce preseason expenses for some institutions.

Impact on Student-Athlete's Time (Academic and/or Athletics): None.

Position Statement(s):
None

History:

Jul 15, 2026:	In Progress	
Aug 27, 2026:	In Progress	Adopted by the Football Bowl Subdivision Oversight Committee pending review by the Cabinet.
Sep 24, 2026:	In Progress	Amended by the Football Bowl Subdivision Oversight Committee to move the start of out-of-season practice and noncontact skill instruction from January 1 to February 1. Adopted, as amended, pending review by the Cabinet.
Oct 7, 2026:	In Progress	Remanded by the Cabinet to the Football Bowl Subdivision Oversight Committee.

No. 2026-59 PLAYING AND PRACTICE SEASONS -- CHAMPIONSHIP SUBDIVISION FOOTBALL -- OUT-OF-SEASON ACTIVITIES AND PRESEASON PRACTICE PERIOD

Intent: In championship subdivision football, to modify the out-of-season activities and preseason practice period legislation, as specified.

A. Bylaws: Amend 17.1, as follows:

[Federated provision, FCS only]

17.1 General Playing-Season Regulations.

[17.1.1 through 17.1.6 unchanged.]

17.1.7 Time Limits for Athletically Related Activities. In all sports, the following time limitations shall apply:

[17.1.7.1 unchanged.]

17.1.7.2 Weekly Hour Limitations -- Outside of the Playing Season.

[17.1.7.2-(a) through 17.1.7.2-(c) unchanged.]

17.1.7.2.1 Institutional Vacation Period and Summer. A student-athlete may not participate in any countable athletically related activities outside the playing season during any institutional vacation period and/or summer. Strength and conditioning coaches who are not countable coaches in the student-athlete's sport may design and conduct specific workout programs for a student-athlete, provided such workouts are voluntary and conducted at the request of the student-athlete.

[17.1.7.2.1.1 through 17.1.7.2.1.5 unchanged.]

17.1.7.2.1.6 Summer Athletic Activities **and Championship Subdivision Football Athletic Activities After the Spring Term**.

[17.1.7.2.1.6.1 unchanged.]

17.1.7.2.1.6.2 **Bowl Subdivision** Football. In **bowl subdivision** football, a student-athlete who is enrolled in summer school may engage in required weight-training, conditioning, review of practice and game film and noncontact skill-related instruction for up to eight weeks (not required to be consecutive weeks). A student-athlete who is enrolled in at least three degree-applicable (pursuant to Bylaw 14.4.3.1.7) credit hours in one summer term that is fewer than eight weeks in duration may engage in required weight-training, conditioning, review of practice and game film and noncontact skill-related instruction for up to eight weeks (not required to be consecutive weeks). Participation in such activities shall be limited to a maximum of eight hours per week with not more than two hours per week spent on film review and not more than two hours per week spent on noncontact skill-related instruction. During noncontact skill-related instruction, it is not permissible for student-athletes to wear any protective equipment (e.g., helmet, shoulder pads) or use any equipment related to the sport other than footballs.

17.1.7.2.1.6.2.1 Exception to Summer School Enrollment -- Academic Requirements for Student-Athletes Who Receive Athletically Related Financial Aid -- **Bowl Subdivision** Football. In **bowl subdivision** football, a student-athlete who received athletically related financial aid during the previous academic year may participate in required summer athletic activities for up to eight weeks (pursuant to Bylaw 17.1.7.2.1.6.2) without being enrolled in summer school, provided the student-athlete has achieved a cumulative minimum grade-point average of 2.200 (based on a maximum 4.000 and as computed pursuant to institutional policies applicable to all students) and has successfully completed the following academic requirements based on the applicable number of full-time terms of enrollment:

[17.1.7.2.1.6.2.1-(a) through 17.1.7.2.1.6.2.1-(l) unchanged.]

17.1.7.2.1.6.2.1.1 Application to Transfer Student-Athletes. The exception to summer school enrollment does not apply to a transfer student-athlete until the student-athlete has completed one academic year (two semesters or three quarters) of full-time enrollment at the certifying institution.

17.1.7.2.1.6.2.2 Academic Requirements for Student-Athletes Who Did Not Receive Athletically Related Financial Aid -- **Bowl Subdivision** Football. In **bowl subdivision** football, a student-athlete who did not receive athletically related financial aid during the previous academic year may participate in required summer athletic activities for up to eight weeks (pursuant to Bylaw 17.1.7.2.1.6.2) without being enrolled in summer school, provided the student-athlete meets all progress-toward-degree requirements to be eligible for competition in the ensuing fall term by the conclusion of the preceding spring term.

17.1.7.2.1.6.3 Championship Subdivision Football. In championship subdivision football, a student-athlete who is enrolled in summer school may engage in athletics activities after the conclusion of the spring term for the duration of the student-athlete's summer school courses. A student-athlete who is enrolled in at least three degree-applicable (pursuant to Bylaw 14.4.3.1.7) credit hours in one summer term may engage in athletic activities occurring after the spring term, including after the summer school course (or courses) has ended.

17.1.7.2.1.6.3.1 Exception to Enrollment After the Spring Term -- Academic Requirements for Student-Athletes Who Receive Athletically Related Financial Aid -- Championship Subdivision Football. In championship subdivision football, a student-athlete who received athletically related financial aid during the previous academic year may participate in required athletic activities after the conclusion of the spring term (pursuant to Bylaw 17.1.7.2.1.6.3) without being enrolled in summer school, provided the student-athlete was academically and athletically eligible for competition during the spring term and is academically and athletically eligible for competition in the ensuing fall term.

17.1.7.2.1.6.3.2 Academic Requirements for Student-Athletes Who Did Not Receive Athletically Related Financial Aid -- Championship Subdivision Football. In championship subdivision football, a student-athlete who did not receive athletically related financial aid during the previous academic year may participate in athletic activities after the conclusion of the spring term (pursuant to Bylaw 17.1.7.2.1.6.3) without being enrolled in summer school, provided the student-athlete meets all progress-toward-degree requirements to be eligible for competition in the ensuing fall term by the conclusion of the preceding spring term.

17.1.7.2.1.6.~~2~~**3**.3 Institutions That Do Not Offer Summer School Courses -- Championship Subdivision Football. In championship subdivision football, ~~*an*~~ **if the** institution ~~*that*~~ does not

offer summer school courses**,** ~~*may designate eight weeks of the summer in which*~~ a student-athlete may participate in ~~*required summer*~~ athletic activities **after the conclusion of the spring term** (pursuant to Bylaw 17.1.7.2.1.6.2), provided the student-athlete has satisfied progress-toward-degree requirements to be eligible for competition in the ensuing fall term by the conclusion of the preceding spring term.

[17.1.7.2.2 through 17.1.7.2.4 unchanged.]

[17.1.7.3 through 17.1.7.13 unchanged.]

[17.1.8 through 17.1.9 unchanged.]

B. Bylaws: Amend 17.13, as follows:

[Federated provision, FCS only]

17.13 Football. Regulations for computing the football playing season are set forth in Bylaw 17.1. (See Figure 17-1 and Figure 17-2.)

[17.13.1 through 17.13.2 unchanged.]

17.13.3 Practice.

17.13.3.1 First Practice Date **-- Bowl Subdivision**. **In bowl subdivision football, an** ~~*An*~~ institution shall not commence official preseason football practice sessions, for the varsity, junior varsity or freshman team, before 31 days before its first scheduled intercollegiate game. Before its first scheduled intercollegiate game, an institution may not engage in more than 25 on-field practices.

17.13.3.1.1 Exception. An institution that has prohibitions against athletics activities during a specific day of the week due to religious reasons, may start official preseason football practice sessions one day earlier than the date determined pursuant to Bylaw 17.13.3.1.

17.13.3.2 First Practice Date -- Championship Subdivision. In championship subdivision football, an institution shall not commence official preseason football practice sessions, for the varsity, junior varsity or freshman team, before 27 days before its first scheduled intercollegiate game. Before its first scheduled intercollegiate game, an institution may not engage in more than 21 on-field practices.

17.13.3.2.1 Exception. An institution that has prohibitions against athletics activities during a specific day of the week due to religious reasons, may start official preseason football practice sessions one day earlier than the date determined pursuant to Bylaw 17.13.3.2.

[17.13.3.2 through 17.13.3.4 renumbered as 17.13.3.3 through 17.13.3.5, unchanged.]

17.13.3.~~5~~**6** Preseason Activities After Acclimatization Period **-- Bowl Subdivision Football. In bowl subdivision football, the** ~~*The*~~ remaining 19 on-field preseason practice sessions after the acclimatization period shall be conducted as follows:

[17.13.3.5-(a) renumbered as 17.13.3.6-(a) unchanged.]

[17.13.3.5-(a)-(1) through 17.13.3.5-(a)-(2) renumbered as 17.13.3.6-(a)-(1) through 17.13.3.6-(a)-(2) unchanged.]

(3) A walk-through is not considered an on-field activity; however, if a walk-through is conducted on a day in which no other on-field activities occur, the walk-through must be included in the limit of 25 on-field practices in the preseason practice period~~. *In championship subdivision football, on-field walk-throughs shall not exceed a total of two hours per day*~~; and

[17.13.3.5-(a)-(4) renumbered as 17.13.3.6-(a)-(4) unchanged.]

[17.13.3.5-(b) through 17.13.3.5-(c) renumbered as 17.13.3.6-(b) through 17.13.3.6-(c) unchanged.]

17.13.3.7 Preseason Activities After Acclimatization Period -- Championship Subdivision. In championship subdivision football, the remaining 15 on-field preseason practice sessions after the acclimatization period shall be conducted as follows:

(a) General.

(1) Multiple on-field practice sessions shall not be conducted on the same day;

(2) Student-athletes shall not engage in more than three hours of on-field practice activities per day;

(3) A walk-through is not considered an on-field activity; however, if a walk-through is conducted on a day in which no other on-field activities occur, the walk-through must be included in the limit of 21 on-field practices in the preseason practice period. On-field walk-throughs shall not exceed a total of two hours per day; and

(4) Student-athletes must be provided with at least three continuous hours of recovery time between an on-field practice session and a walk-through. During this time, student-athletes may not engage in physical athletically related activities (e.g., weight lifting). Time spent in team meetings, film review, receiving medical treatment and eating meals may be included as part of the recovery time.

(b) Protective Equipment Restrictions.

(1) Up to seven on-field practice sessions may be conducted in full pads;

(2) During at least four on-field practice sessions, protective equipment is restricted to not more than helmets and spider pads;

(3) During the remaining on-field practice sessions, protective equipment is restricted to not more than helmets, spider pads and/or shoulder pads; and

(4) On-field practice sessions may be conducted in less protective equipment than the maximum restrictions noted above.

(c) Contact Restrictions.

(1) Full contact (tackling to the ground) is only permitted during an on-field practice session in full pads;

(2) An institution shall not conduct more than two consecutive days of full contact (tackling to the ground) practices. A full contact practice during the acclimatization period counts toward this limit;

(3) An institution shall not conduct more than a total of 75 minutes of full contact (tackling to the ground) within any one on-field practice session other than during the two permissible scrimmages; and

(4) An institution shall not conduct more than two scrimmages during the preseason practice period. A scrimmage is a practice devoted primarily (greater than 50 percent of practice time) to 11-on-11, full contact (tackling to the ground) activities. A scrimmage counts as one of the eight permissible practices in full pads and may include more than 75 minutes of full contact (tackling to the ground).

[17.13.4 through 17.13.9 unchanged.]

C. Bylaws: Amend 17.13, as follows:

[Federated provision, FCS only]

17.13 Football. Regulations for computing the football playing season are set forth in Bylaw 17.1. (See Figure 17-1 and Figure 17-2.)

[17.13.1 through 17.13.6 unchanged.]

17.13.7 Out-of-Season Athletically Related Activities **-- Bowl Subdivision**. **In bowl subdivision football, s**~~S~~tudent-athletes and members of the coaching staff shall not engage in countable athletically related activities outside the playing season, except as set forth in this bylaw (see Bylaw 17.1.7.2):

[17.13.7.1 unchanged.]

~~*17.13.7.2 Conditioning Activities -- Championship Subdivision. In championship subdivision football, student-athletes may participate in conditioning activities pursuant to Bylaw 17.1.7.2. Between the conclusion of the academic year and the institution's reporting date for the preseason practice, an institution shall conduct its summer conditioning period as follows:*~~

~~*(a) An institution shall designate nine consecutive weeks as its summer conditioning period. During this nine-week period, institutions shall designate one week as student-athlete discretionary time.*~~

~~*(b) During the remaining eight weeks of the summer conditioning period, student-athletes may be involved in voluntary weight training and conditioning activities pursuant to Bylaw 17.1.7.2.1 and prospective student-athletes may be involved in voluntary weight training and conditioning activities pursuant to Bylaw 13.11.3.8.*~~

~~*Such activities are limited to eight hours per week. In addition, student-athletes may participate in required summer athletic activities pursuant to Bylaw 17.1.7.2.1.6.2.*~~

~~*(c) All remaining days between the conclusion of the academic year and the institution's reporting date for preseason practice that are not part of the institution's designated summer conditioning period and not already designated as student-athlete discretionary time shall be considered student-athlete discretionary time.*~~

[17.13.7.3 through 17.13.7.6 renumbered as 17.13.7.2 through 17.13.7.5, unchanged.]

17.13.8 January 1 Until the Start of Preseason Practice -- Championship Subdivision. In championship subdivision football, between January 1 and the institution's preseason practice period, student-athletes shall not engage in athletically related activities outside the playing season, except as set forth in this bylaw (See Bylaw 17.1.7.2).

17.13.8.1 Discretionary Weeks. An institution shall designate nine weeks as student-athlete discretionary time (see Bylaw 17.02.17). One discretionary week must occur between the end of the spring term or quarter and the start of the preseason practice period. The designated nine weeks (each week must be seven consecutive calendar days designated as Monday through Sunday) must be placed on file in writing in the department of athletics prior to January 1. An institution is permitted to designate institutional vacation periods (e.g., holiday break, spring break, summer vacation period) as student-athlete discretionary time.

17.13.8.2 Practice Periods. A maximum of 21 practice sessions [including intrasquad scrimmages and the spring game permitted in Bylaw 17.13.6.2-(a)] are permissible beginning February 1. An institution is not required to count as one of its 21 designated days any day during which countable athletically related activities are limited solely to required conditioning activities, review of game film and/or walk-throughs (see Bylaw 17.02.22). For a student-athlete to participate in a practice session after the conclusion of the institution's spring term, the student-athlete must satisfy the requirements of Bylaw 17.1.7.2.1.6.3. Practice sessions must meet the following conditions:

(a) The practice periods shall be divided into two periods of not more than five consecutive weeks for each period, and not more than seven weeks total in duration between the two periods.

(b) A minimum of one week of student-athlete discretionary time must occur between the last on-field practice (contact and noncontact) and the start of the preseason practice period.

(c) A practice session held during a vacation day may not be of longer duration than those normally held when academic classes are in session.

(d) A maximum of 12 contact practices may occur, and such contact shall not occur prior to the third practice session, in each practice period. Contact practice sessions may not occur in July.

(e) During noncontact practice sessions, protective equipment is restricted to helmets and spider pads.

(f) Of the 12 permissible contact sessions, eight sessions may involve tackling, and not more than three of the eight tackling sessions may be devoted primarily (greater than 50 percent of practice time) to 11-on-11 scrimmages.

(g) An institution shall not conduct full contact (tackling to the ground) practices on consecutive calendar days.

(h) An institution shall not conduct more than a total of 75 minutes of full contact (tackling to the ground) within any one on-field practice session other than the three tackling sessions devoted primarily to 11-on-11 scrimmages.

(i) Tackling shall be prohibited in four of the 12 contact sessions. An institution has the discretion to determine the practice activities (other than tackling) that may occur during the four contact nontackling sessions as well as the protective equipment to be worn by the student-athletes.

(j) If an institution conducts a "spring game" per Bylaw 17.13.6.2-(a), the game shall be counted as one of the three sessions that may be devoted primarily to 11-on-11 scrimmages.

(k) The amount of time that a student-athlete may be involved in countable athletically related activities shall be limited to a maximum of four hours per day and 20 hours per week.

17.13.8.3 Out-of-Season Activities. Required conditioning, weight-training activities, review of game film and walk-throughs (see Bylaw 17.02.22) are permissible from January 1 until the start of the preseason practice. Noncontact skill instruction is permissible beginning February 1 through the start of preseason practice. All out-of-season activities must be conducted outside the nine weeks designated as student-athlete discretionary time and designated practice periods. A student-athlete's participation in such activities is limited to a

maximum of eight hours per week. For a student-athlete to participate in a practice session after the conclusion of the institution's spring term, the student-athlete must satisfy the requirements of Bylaw 17.1.7.2.1.6.3.

17.13.8.4 Strength and Conditioning Coach First Aid/CPR Certification and Authority of Sports Medicine Staff. A strength and conditioning coach who conducts voluntary weight training or conditioning activities is required to maintain certification in first aid and cardiopulmonary resuscitation. In addition, a member of the institution's sports medicine staff (e.g., athletic trainer, physician) must be present during all voluntary conditioning activities (running, not lifting) conducted by the institution's strength coach. The sports medicine staff member must be empowered to have the unchallengeable authority to cancel or modify the workout for health and safety reasons, as the staff member deems appropriate.

17.13.8.5 Postseason Practice Session. An institution may conduct one postseason practice session before the end of the institution's academic year for the purpose of conducting a professional tryout or workout activity, subject to the following conditions:

(a) A student-athlete may not miss class to participate;

(b) The session shall be conducted on the institution's campus or in facilities regularly used by the institution for practice or competition;

(c) The session shall not involve contact and student-athletes shall not wear protective equipment (e.g. helmet, shoulder pads, spider pads, padded undergarments); and

(d) The amount of time that a student-athlete is involved in such countable athletically related activities shall be limited to a maximum of four hours.

[17.13.8 through 17.13.9 renumbered as 17.13.9 through 17.13.10, unchanged.]

Source: NCAA Division I Football Championship Subdivision Oversight Committee

Effective Date: January 1, 2027

Category: Amendment

Topical Area: Playing and Practice Seasons

Rationale: This proposal prioritizes progress toward degree by allowing student-athletes who remain eligible throughout the academic year to engage in out-of-season activities during the summer periods without being required to enroll in summer school courses. Additionally, this proposal will provide institutions with discretion to plan out-of-season activities that align with specific institutional practices and philosophies. A reduction in the duration and number of practices during the preseason practice period is necessary due to the additional on-field practice opportunities provided during the period from January 1 to the start of preseason practice. The changes to the preseason practice period allow opportunities for adequate on-field preparation for the football season while maintaining the current framework for required days off and the seven-day acclimatization period.

Division I Commitment addressed by proposal: The Commitment to Student-Athlete Well-Being.

Is the proposal consequential or nationally significant?: Yes. The championship subdivision football playing and practice season is nationally significant.

Is the proposal enforceable and how do the merits outweigh monitoring burdens?: Yes. The proposal does not increase the existing monitoring burden.

How does the proposal support student-athlete success/well-being?: This proposal promotes student-athlete health, safety, and well-being by reducing the duration and number of on-field practices during the preseason period.

Estimated Budget Impact: Reduction in summer school enrollment expenses and reduction of preseason expenses for some institutions.

Impact on Student-Athlete's Time (Academic and/or Athletics): None.

Position Statement(s):
None

History:

Jul 15, 2026:	In Progress	
Aug 31, 2026:	In Progress	Adopted by the Football Championship Subdivision Oversight Committee pending review by the Cabinet.
Sep 28, 2026:	In Progress	Amended by the Football Championship Subdivision Oversight Committee to move the start of out-of-season practice and noncontact skill instruction from January 1 to February 1. Adopted, as amended, pending review by the Cabinet.
Oct 7, 2026:	In Progress	Remanded by the Cabinet to the Football Championship Subdivision Oversight Committee.

No. 2026-67 PLAYING AND PRACTICE SEASONS -- TIME LIMITS FOR ATHLETICALLY RELATED ACTIVITIES -- WEEKLY HOUR LIMITATIONS -- OUTSIDE OF THE PLAYING SEASON -- ELIMINATE SKILL INSTRUCTION LIMITATION -- VARIOUS SPORTS

Intent: In the specified sports, to eliminate the limitation of four hours of skill-related instruction within the weekly limitation of eight hours of out-of-season athletically related activities.

Bylaws: Amend 17.1.7, as follows:

17.1.7 Time Limits for Athletically Related Activities. In all sports, the following time limitations shall apply:

[17.1.7.1 unchanged.]

17.1.7.2 Weekly Hour Limitations -- Outside of the Playing Season.

(a) Sports Other Than Football. In sports other than football, outside of the playing season, from the institution's first day of classes of the academic year or September 15, whichever occurs earlier, to one week prior to the beginning of the institution's final examination period at the conclusion of the academic year, only a student-athlete's participation in required weight training, conditioning and skill-related instruction (including film review and team meetings related to technical and tactical instruction) shall be permitted. A student-athlete's participation in such activities per Bylaw 17.02.1 shall be limited to a maximum of eight hours per week. In sports other than basketball**, baseball, cross country, field hockey, golf, men's ice hockey, lacrosse, rowing, soccer, softball, swimming and diving, tennis, track and field and men's wrestling**, no more than four hours per week may be spent on skill-related workouts, except, in women's basketball, participation during the transition period conducted pursuant to Bylaw 17.5.2. All countable athletically related activities outside of the playing season are prohibited one week prior to the beginning of the institution's final examination period for the applicable academic term through the conclusion of the institution's academic term. In baseball, all countable athletically related activities are prohibited between the conclusion of the institution's winter vacation period and the first permissible date for preseason practice in the championship segment per Bylaw 17.4.2.

[17.1.7.2-(b) through 17.1.7.2-(c) unchanged.]

[17.1.7.2.1 through 17.1.7.2.4 unchanged.]

[17.1.7.3 through 17.1.7.13 unchanged.]

Source: Various Sports Oversight Committees

Effective Date: Immediate

Category: Amendment

Topical Area: Playing and Practice Seasons

Rationale: Eliminating the four-hour restriction on skill instruction will align out-of-season activities during the academic year with the current rules for summer athletically related athletic activities. This proposal maintains the limit of eight hours of countable athletically related activities outside of the playing season while providing individual institutions the autonomy to determine the activities to conduct.

Division I Commitment addressed by proposal: The Commitment to Value-Based Legislation.

Is the proposal consequential or nationally significant?: Yes. Legislation regarding countable athletically related activities is nationally significant.

Is the proposal enforceable and how do the merits outweigh monitoring burdens?: Yes. This proposal reduces monitoring burdens.

How does the proposal support student-athlete success/well-being?: This proposal supports student-athlete success and well-being by allowing for more individualized approaches to out-of-season activities.

Estimated Budget Impact: None.

Impact on Student-Athlete's Time (Academic and/or Athletics): None.

Position Statement(s):
None

History:

Jul 28, 2026:	In Progress	The Men's Lacrosse Oversight Committee introduced the proposal and recommended that the Cabinet adopt it as expedited legislation.
Jul 29, 2026:	In Progress	The Women's Lacrosse Oversight Committee introduced the proposal and recommended that the Cabinet adopt it as expedited legislation.
Jul 30, 2026:	In Progress	The Men's and Women's Swimming and Diving Oversight Committee introduced the proposal and recommended that the Cabinet adopt it as expedited legislation.
Aug 6, 2026:	In Progress	The Softball Oversight Committee introduced the proposal and recommended that the Cabinet adopt it as expedited legislation.
Aug 10, 2026:	In Progress	The Men's and Women's Fencing Committee requested that the Cabinet amend the proposal to include men's and women's fencing and adopt it as expedited legislation.
Aug 11, 2026:	In Progress	The Women's Gymnastics Committee requested that the Cabinet amend the proposal to include women's gymnastics and adopt it as expedited legislation.
Aug 13, 2026:	In Progress	The Men's and Women's Skiing Committee requested that the Cabinet amend the proposal to include skiing and adopt it as expedited legislation.
Aug 20, 2026:	In Progress	The Women's Rowing Oversight Committee introduced the proposal and recommended that the Cabinet adopt it as expedited legislation.
Aug 24, 2026:	In Progress	The Baseball Oversight Committee introduced the proposal and recommended that the Cabinet adopt it as expedited legislation.
Sep 2, 2026:	In Progress	The Men's and Women's Cross Country and Track and Field Oversight Committee introduced the proposal and recommended that the Cabinet adopt it as expedited legislation.
Sep 9, 2026:	In Progress	The Men's and Women's Tennis Oversight Committee introduced the proposal and recommended that the Cabinet adopt it as expedited legislation.
Sep 10, 2026:	In Progress	The Men's and Women's Golf Oversight Committee introduced the proposal and recommended that the Cabinet adopt it as expedited legislation.
Sep 11, 2026:	In Progress	The Women's Ice Hockey Committee requested that the Cabinet amend the proposal to include women's ice hockey and adopt it as expedited legislation.
Oct 7, 2026:	In Progress	The Cabinet did not take action as expedited legislation. The proposal will be considered in the January 2027 cycle.
Oct 14, 2026:	In Progress	The Men's and Women's Rifle Committee requested that the Cabinet amend the proposal to include rifle.

Athletics Eligibility

No. 2026-68 ATHLETICS ELIGIBILITY -- POSTSEASON AND REGULAR SEASON COMPETITION -- INITIAL ENROLLMENT AT MIDYEAR

Intent: To specify that in a sport in which the championship season is conducted over multiple regular academic terms or in a sport in which fall segment competition is used for NCAA championships qualification or consideration, a student-athlete whose initial full-time enrollment occurs at a Division I institution at midyear is ineligible for competition until the following academic year.

Bylaws: Amend 12.5, as follows:

12.5 Athletics Eligibility Requirements.

12.5.1 Postseason and Regular-Season Competition. To be eligible for regular-season competition, NCAA championships, and for postseason football bowl games, the student-athlete shall meet all eligibility requirements.

12.5.1.1 Initial Collegiate Enrollment at Midyear -- Eligibility for Competition. In a sport in which the championship season is conducted over multiple regular academic terms or in a sport in which fall segment competition is used for NCAA championships qualification or consideration, a student-athlete whose initial full-time collegiate enrollment occurs at a Division I institution at midyear is ineligible for competition until the following academic year.

12.5.1.~~1~~**2** Postseason Competition -- Midyear Enrollees -- Football. In football, a midyear enrollee (freshman or transfer) is not eligible to participate in postseason competition that occurs before or during the student-athlete's initial term of full-time enrollment at the institution.

[12.5.2 through 12.5.5 unchanged.]

Source: NCAA Division I Cabinet

Effective Date: August 1, 2027

Category: Amendment

Topical Area: Athletics Eligibility

Rationale: Currently, in sports other than football, a student-athlete whose initial full-time enrollment occurs at a Division I institution at midyear may begin competing immediately, provided the student-athlete is otherwise academically and athletically eligible. The current application includes winter sports, which begin competing in their championship seasons during the fall term (e.g., basketball, ice hockey), as well as golf, a sport for which fall dates of competition impact team and individual qualification for the NCAA Golf Championships conducted in the spring. This proposal is intended to preserve competitive fairness and the integrity of winter sports championships and the golf championships by requiring an institution to compete in the regular season and postseason with the student-athletes who were students at the institution at the beginning of the academic year.

Division I Commitment addressed by proposal: The Commitment to Fair Competition.

Is the proposal consequential or nationally significant?: Yes. A proposal that impacts the immediate eligibility of student-athletes who enroll at midyear is nationally significant.

Is the proposal enforceable and how do the merits outweigh monitoring burdens?: Yes. The integrity of competition throughout the season and in the championship outweighs the burden of restricting the eligibility of midyear enrollees.

How does the proposal support student-athlete success/well-being?: The proposal promotes fair competition by requiring institutions to compete with student-athletes who were students at the beginning of the year.

Estimated Budget Impact: None.

Impact on Student-Athlete's Time (Academic and/or Athletics): No competition for impacted midyear enrollees.

Position Statement(s):
None

History:

Aug 3, 2026:	In Progress	Introduced by the Cabinet.
Sep 9, 2026:	In Progress	The Cabinet modified the effective date from immediate to August 1, 2027.

Recruiting

No. 2026-75 RECRUITING -- NOTIFICATION OF TRANSFER -- WOMEN'S VOLLEYBALL -- UNDERGRADUATE WINDOW

Intent: In women's volleyball, to specify that an undergraduate student-athlete may initiate notification of transfer during a 15 consecutive-day period beginning the first business day following the second round of the Division I Women's Volleyball Championship and that a student-athlete who is a member of a team that participates in a semifinal or the final match of the championship may also provide written notification of transfer during a five consecutive-day period beginning the day after the team's final postseason contest.

Bylaws: Amend 13.1.1.4, as follows:

13.1.1.4 Four-Year College Prospective Student-Athletes. An athletics staff member or other representative of the institution's athletics interests shall not communicate or make contact with the student-athlete of another NCAA Division I institution, or any individual associated with the student-athlete (e.g., family member, scholastic or nonscholastic coach, advisor), directly or indirectly, without first obtaining authorization through the notification of transfer process. Before making contact, directly or indirectly, with a student-athlete of an NCAA Division II or Division III institution, or an NAIA four-year collegiate institution, an athletics staff member or other representative of the institution's athletics interests shall comply with the rule of the applicable division or the NAIA rule for making contact with a student-athlete. [See Bylaw 19.1.3-(f).]

13.1.1.4.1 Notification of Transfer -- Undergraduate Student-Athletes -- Sports Other Than Football. In sports other than football, a student-athlete may initiate the notification of transfer process by providing the student-athlete's institution with a written notification of transfer and completing an educational module related to transferring. Notification of transfer must be initiated during a period specified for the applicable sport (see also Figure 13-1). If notification of transfer is provided during a specified period, the student-athlete's institution shall enter the student-athlete's information into the national transfer database within two business days of receipt of a written notification of transfer from the student-athlete or receipt of confirmation of the student-athlete's completion of the educational module, whichever occurs later, unless the student-athlete and the institution have entered into a valid settlement related benefits agreement that releases the institution from the obligations of the notification of transfer process. [D]

(a) Fall Sports Other Than Field Hockey**,** ~~*and*~~ Football **and Women's Volleyball**. In fall sports other than field hockey**,** ~~*and*~~ football **and women's volleyball**, a student-athlete must provide written notification of transfer during:

[13.1.1.4.1-(a)-(1) through 13.1.1.4.1-(a)-(2) unchanged.]

(b) Women's Volleyball. In women's volleyball, a student-athlete must provide written notification of transfer during:

(1) A 15 consecutive day period beginning the first business day immediately following the second round of the Division I Women's Volleyball Championship. A student-athlete who is a member of a team that participates in a Division I Women's Volleyball Championship semifinal or the final match may also provide written notification of transfer during a five consecutive-day period beginning the day after the team's final postseason contest; or

(2) May 1-15.

[13.1.1.4.1-(b) through 13.1.1.4.1-(k) relettered as 13.1.1.4.1-(c) through 13.1.1.4.1-(l), unchanged.]

[13.1.1.4.1 through 13.1.1.4.9 unchanged.]

Source: NCAA Division I Women's Volleyball Oversight Committee

Effective Date: Immediate

Category: Amendment

Topical Area: Recruiting

Rationale: When the Board of Directors incorporated windows into the notification of transfer process, there was a recognition that the timing and duration of the new windows would need to be monitored and potentially adjusted. Reducing the duration of the women's volleyball fall window is supported by data from the NCAA Transfer Portal, which confirms that most student-athletes whose names are entered into the transfer portal complete the process in an expedited manner. This proposal allows for institutions to focus attention on the development of their student-athletes through, for many institutions and student-athletes, the end of the championship segment of the volleyball season while allowing those student-athletes interested in transferring to do so for the winter/spring term. For those student-athletes participating in the semifinal and final rounds of the championship, an additional five-day period beginning the day after the team's final postseason contest ensures that participating student-athletes and coaches are positioned to remain focused on the postseason. Further, this proposal provides greater roster stability for student-athletes who are not transferring and enhances the championship experience for all involved student-athletes.

Estimated Budget Impact: None.

Impact on Student-Athlete's Time (Academic and/or Athletics): None.

Position Statement(s):

None

History:

Oct 1, 2026:	In Progress	Introduced and approved by the Women's Volleyball Oversight Committee as accelerated legislation (pending potential adoption of Proposal No. 2026-45).